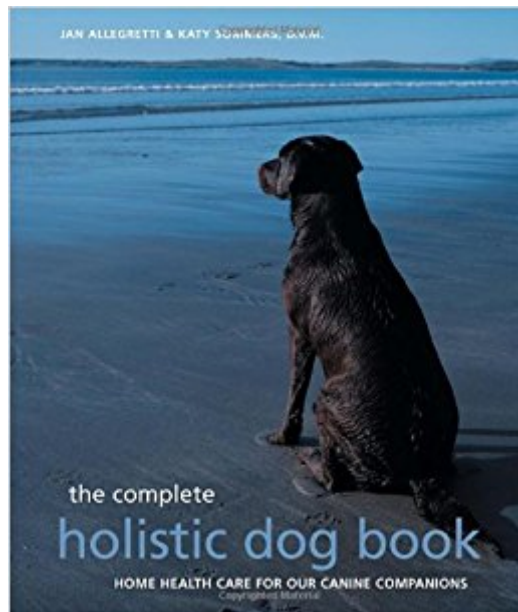




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# **The Complete Holistic Dog Book: Home Health Care For Our Canine Companions**



## Synopsis

Naturally, you want the best for your canine companion's body, mind, and spirit. Ensure a lifetime of tail wags and dogged good health with THE COMPLETE HOLISTIC DOG BOOK. Animal healers Jan Allegretti and Katy Sommers discuss natural preventive health care, including early socialization, environmental safety, nutrition, and the application of alternative therapies and allopathic medicine. A thorough grounding in homeopathy, traditional Chinese medicine, and herbal remedies provides practical techniques for treating hundreds of common canine illnesses, injuries, and health problems. Also covering the special needs of older dogs, THE COMPLETE HOLISTIC DOG BOOK is a compassionate reference for animal guardians and caregivers, at home as well as in a clinical setting. Offers a unique, holistic approach that maintains the health of a dog's entire body system, from puppyhood through the senior years. With an easy-to-use, 80-page Materia Medica covering nutritional supplements, herbs, and homeopathic remedies. Includes a guide to creating a holistic first-aid kit.

## Book Information

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## Customer Reviews

"The authors wrote this book the same way they care for animals: with patience and compassion." — West Palm Beach Post

KATY SOMMERS graduated from U.C. Davis School of Veterinary Medicine in 1981. Her small-animal hospital in Mendocino County, California, combines alternative therapies and conventional medicine with an emphasis on preventative care. JAN ALLEGRETTI, D.Vet.Hom.,

holds a diploma in veterinary homeopathy from the British Institute of Homeopathy, and has been a consultant in holistic animal health care since 1989. She is the author of numerous articles on animal care and welfare. Jan lives and works in Northern California.

I am very impressed with the layout of this book and with how well the authors present each area of interest. The style is much like that of a very easy to follow text book...one that even an average 5th grade student should have no struggles with understanding. Everything is well organized and beautifully presented. Even the illustrated sketches are very well drawn out and educational. --absolutely spectacular! If you desire to know more about holistic care for your dog, then this book will be a wonderful start. The Complete Holistic Dog Book is one of those books that will be an easy and entertaining read for both adults and even children (with a good reading level); yet without pulling away the educational and informative resource this book is. It can easily be read from front to back, by going through each chapter as a "lesson" (or daily/weekly reading goal) or it can be easily used as a guide, for looking up areas of interest. Nothing about this book is intimidating or boring. At the very worst, you'll most likely enjoy this book as a very good reference guide, that you can refer to for different aspects of your dog's care. As with any broad range book, I would not recommend this as the only book you'll ever need on holistic concerns. This is a perfect first book, and it's very easy to read and understand. This outstanding resource will give you enough information, to help decide if you'd like to learn more on a narrowed interest.

If you love your dog(s); and, I know that you do or you wouldn't be reading this...don't hesitate to get a copy of this book. It's packed with practical information that is easy to find. The best thing is that it is user friendly. Options are provided for real people from selecting the best prepared/store food for your pet to how to make balanced organic meals for them yourself. The info is useful and provided with understanding, not judgement. Some articles seem slanted to create guilt if you don't provide care in the way the article deems best. This book explains your dog's various needs and then provides a host of ways that you might be able to provide for them. It is left to the reader to determine what is best for their pet and their lifestyle. It covers a lot of ground and I'm extremely happy that I've made this part of my family's healthy living library!

I found this book extremely balanced in terms of providing feeding information if you are interested in providing fresh food for your dog's diet. It's good to realize that it can be done without a tremendous amount of extra time and effort. In fact, my husband and I realized that WE don't eat

well enough to just cook a little extra for our dog, as suggested. We were inspired to improve our own diet to include the variety proposed for our dog! After losing our 9 1/2 year old Boxer to cancer, we wanted to take the cancer prevention nutrition suggested by the veterinary oncologist we worked with and combine that with a good whole foods diet for our new Boxer puppy. This book, since it is co-authored by a veterinarian, seemed to give the best all around advice for those wanting to move their pet's care in a holistic direction, but who also feel more comfortable knowing there is good research and science supporting the advice given. We looked at a lot of books on the subject and truly liked this one.

Many alternatives to traditional medications. This book is a mine of information for those preferring to prevent future disease or treat problems by way of natural therapies. It is everything I was looking for in a single book.

I have a variety of books on health for dogs, which I reference often. I noticed lately, however, that I've gone to this book first over and over and often I don't need to look at any of my other books. I usually cross reference material, but I've found validated information from several other sources in this book so often that I save myself the trouble and just reference this book now. Rarely do I find a "the only book you'll need" in any book, but this one definitely has it all, and the information is not extreme. The authors recognize balance, recognize that there are a variety of methods to attack a problem, and they present each method thoroughly and non-judgmentally. For example, if a dog is vomiting and has nausea, they first differentiate between acute and chronic. If acute, they first give information on nutritional support, then homeopathy, then herbs, then accupressure and finally other methods including flower essences and considering addressing the dog's emotional state. If chronic, they are just as thorough but give other paths to follow in trying to treat the dog's vomiting. In addition to concrete suggestions for treating many health problems, very clear and professionally drawn illustrations abound throughout the book. In the section for vomiting, one drawing shows the dog's digestive tract and another the accupressure points for the digestive tract. When referring to the illustration in the text, the authors also reference corresponding charts and additional illustrations in another part of the book (and give page numbers!) that will further explain information regarding that particular illustration, such as finding the exact meridian point on the dog. The treatments the authors focus on in the book include diet, homeopathy, herbs, accupressure, acupuncture, TCM, bodywork, and energy medicine. The authors touch on a few other areas of therapy but they focus primarily on the topics just mentioned. I found the illustrations

to be extremely valuable. They are peppered throughout the book showing parts of the dog that are relevant to the corresponding text. The illustrations aren't too detailed; they have just enough to explain. They're clear, concise, and easy to understand. Overall, this is the best comprehensive book on holistic dog care on my shelf. I'm gradually getting rid of the others because they don't compare at all to the accurately named, "The Complete Holistic Dog Book."

The book provides comprehensive lists and categories. I would prefer more specific instructions and how to. A good reference resource. I prefer Dr. Pitcairn's Complete Guide to Natural Health for Dogs & Cats.

Absolutly worth every penny. Very informative and details everything into sections and gives personal info to be able to marrow down what remedies are best for your dog as an andividual

Exellent

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